



SECONDARY MENU SPRING - SUMMER 2020

WEEK 1 MEAL DEALS OF THE DAY

all meals come with a dessert of the day and a bottle of water or aqua juice

CHEF'S MEAL OF THE DAY

Each meal comes with a dessert and a bottle of water or aqua juice

MONDAY



Sweet potato mac n cheese
Gluten, Milk, Mustard

or **Smokey 3 bean chilli**
Celery

A

Garlic bread
Milk, Gluten

or **Wholegrain rice**

B

Crunchy vegetables

or **Mixed salad**

or **Coleslaw** Egg

or **Sweetcorn**

TUESDAY



Venison burger in a roll
Soya, Egg, Gluten, Sulphur dioxide, Milk, Sesame

or **Meat free burger in a roll**
Soya, Egg, Gluten, Sulphur dioxide, Milk, Sesame

A

Jacket wedges

or **New potatoes**

B

Carrots

or **Sweetcorn**

or **Coleslaw** egg

or **Mixed salad**

WEDNESDAY



Roast chicken, Stuffing & Gravy
Gluten

or **Quorn Roast, Stuffing and Gravy**
Gluten, Milk, Egg

A

Roast potatoes

or **Mashed potatoes**

B

Green cabbage

or **Broccoli**

or **Baton carrots**

or **Cauliflower**

THURSDAY



Nottinghamshire sausages, Yorkshire pudding
Gluten, Sulphur, dioxide, Milk, Egg

or **Linda McCartney sausages, Yorkshire pudding**
Soya, Sulphur dioxide, Egg, Gluten, Milk

A

New potatoes

or **Mashed potatoes**

B

Cauliflower

or **Broccoli**

or **Green beans**

or **Baton carrots**

FRIDAY



Breaded fish with lemon wedge & tartare sauce
Fish, Gluten, Egg

or **Quorn fish free fingers with lemon wedge & tartare sauce**
Gluten, Egg

A

Crispy chunky chips

or **New potatoes**

B

Mushy peas

or **Petit pois peas**

or **Mixed salad**

DESSERT OF THE DAY



Cornflake tart & custard

Gluten, Sulphur Dioxide, Milk

or

Fruit

or **Yoghurt** Milk



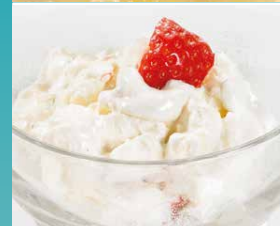
Lemon sponge pudding & custard

Gluten, Egg, Sulphur Dioxide, Milk

or

Fruit

or **Yoghurt** Milk



Strawberry Eton mess

Milk, Egg

or

Fruit

or **Yoghurt** Milk



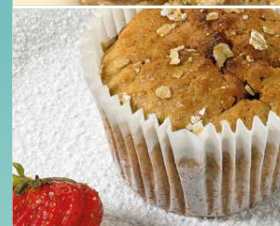
Seasonal fruit crumble & custard

Milk, Gluten

or

Fruit

or **Yoghurt** Milk



Oatmeal & yoghurt muffin

Milk, Egg, Gluten

or

Fruit

or **Yoghurt** Milk

+ Choose one item from choice A and one item from choice B

For information about food allergens please ask the Chef Manager



Seafood with this mark comes from a fishery that has been independently certified to the MSC standard for a well-managed and sustainable fishery





SECONDARY MENU SPRING - SUMMER 2020

WEEK 2 MEAL DEALS OF THE DAY

all meals come with a dessert of the day and a bottle of water or aqua juice

CHEF'S MEAL OF THE DAY

Each meal comes with a dessert and a bottle of water or aqua juice

MONDAY



Pasta Americana

Celery, Egg, Gluten

or

Cheese & tomato Quiche +

Gluten, Milk, Egg

A

New potatoes

or

Garlic bread

Milk, Gluten

B

Sweetcorn coblette

or

Green beans

or

Ranch salad Egg

or

Mixed salad

TUESDAY



Chicken & Mushroom pie & gravy

Gluten, Milk, Celery

or

Quorn & vegetable pie & gravy +

Gluten, Egg

A

Creamed potatoes

or

Roast potatoes

B

Green cabbage

or

Cauliflower

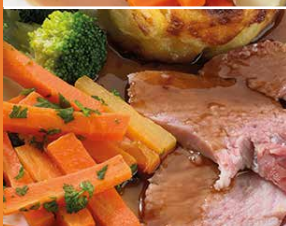
or

Carrot batons

or

Broccoli

WEDNESDAY



Roast Gammon & pineapple, Gravy

or

Quorn Roast, Gravy +

Milk, Egg

A

Mashed potato

or

Roast potato

B

Carrot

or

Broccoli

or

Green cabbage

or

Cauliflower cheese

Gluten, milk

THURSDAY



Spaghetti Bolognese

Fish, Gluten

or

Vegan Bolognese +

Celery, Gluten

A

Garlic bread

Gluten, Milk

or

Crusty bread

Gluten, Sesame

B

Mixed Salad

or

Beetroot salad

or

Ranch salad Egg

or

Sweetcorn

FRIDAY



MSC breaded fish with lemon wedge & tartare sauce

Fish, Gluten, Egg

or

Quorn fish free fingers with lemon wedge & tartare sauce +

Gluten, Egg

A

Crispy chunky chips

or

Diced potatoes

B

Mushy peas

or

Petit pois peas

or

Mixed salad

DESSERT OF THE DAY



Pineapple cake & cream

Milk, Egg, Gluten

or

Fruit

Or Yoghurt Milk



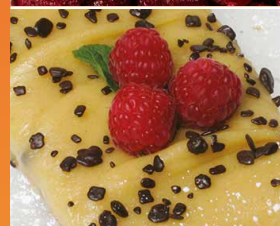
Raspberry Pavlova

Egg, Milk

or

Fruit

Or Yoghurt Milk



Butterscotch Tart

Gluten, Milk

or

Fruit

Or Yoghurt Milk



Scone with jam & cream

Milk, Gluten, Sulphur dioxide

or

Fruit

Or Yoghurt Milk



Fruit flapjack

Gluten

or

Fruit

Or Yoghurt Milk

+ Choose one item from choice A and one item from choice B

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SECONDARY MENU SPRING - SUMMER 2020

WEEK 3 MEAL DEALS OF THE DAY

all meals come with a dessert of the day and a bottle of water or aqua juice

CHEF'S MEAL OF THE DAY

Each meal comes with a dessert and a bottle of water or aqua juice

DESSERT OF THE DAY

MONDAY



Jambalaya
Milk, Celery, Sulphur dioxide
or
Chicken & broccoli bake
Gluten, Milk, Mustard

A
Garlic bread
Gluten, Milk
or
Crusty bread
Gluten, Sesame

B
Mixed salad
or
Coleslaw Egg
or
Green beans
or
Sweetcorn



Chocolate brownie
Gluten
or
Fruit
Or Yoghurt Milk

TUESDAY



Beef Tacos
Fish, Gluten
or
Quorn Tacos
Egg, Gluten

A
Noisette potatoes
Milk
or
Jacket wedges

B
Green beans
or
Ranch salad Egg
or
Mixed salad
or
Grated carrot



Crispy Jam Tart
Gluten, Milk, Sulphur dioxide
or
Fruit
Or Yoghurt Milk

WEDNESDAY



Roast turkey, stuffing & gravy
Gluten
or
Quorn roast, stuffing & gravy
Milk, Egg, Gluten

A
Roast potato
or
Mashed potato

B
Spring cabbage
or
Baton carrots
or
Cauliflower
or
Broccoli



Raspberry swirl sponge & Custard
Milk, Gluten, Egg
or
Fruit
Or Yoghurt Milk

THURSDAY



Beef lasagne
Mustard, Milk, Gluten, Fish
or
Vegetable lasagne
Milk Gluten Mustard Celery

A
Garlic slice
Milk, Gluten
or
Crusty bread
Gluten, Sesame

B
Mixed salad
or
Sweetcorn cobette
or
Coleslaw Egg



Strawberry shortcake
Gluten, Milk
or
Fruit
Or Yoghurt Milk

FRIDAY



MSC Breaded fish with lemon wedge & tartare sauce
Fish, Gluten, Egg
or
Quorn fish free fingers with lemon wedge & tartare sauce
Gluten, Egg

A
Crispy chunky chips
or
Mashed potato

B
Mushy peas
or
Petit pois peas
or
Mixed salad



Raspberry Muffin
Egg, Gluten
or
Fruit
Or Yoghurt Milk

+ Choose one item from choice A and one item from choice B

For information about food allergens please ask the Chef Manager

